



CURRICULUM VITAE



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Kelulusan Akademik

- Ph.D in Food Science & Technology, University of New South Wales, Sydney, Australia.
- Master Science (Food Science), National University of Malaysia
- Bac. Science (Community Health and Nutrition), University Putra Malaysia

Keahlian Profesional Semasa

- Exco, Malaysian Consumer and Family Economic Association (MACFEA), 2014-2016
- Member, Nutrition Society of Malaysia

Tanggungjawab Pengajaran dan Pentadbiran Semasa

- Pensyarah Kursus FEM3202, PSP4702, PSP4703 (Dalam kampus)
- Pensyarah Kursus FEM3202 (PJJ) dan PSP2700 (IPTS)

Pengalaman Kerja

Majikan / Employer	Jawatan / Designation	Jabatan / Department	Tarikh lantikan / Start Date	Tarikh tamat / Date Ended
UPM	Senior Lecturer	Faculty of Human Ecology, UPM	1.10.2008	-
UPM	Lecturer	Faculty of Human Ecology, UPM	10.03.2004	30.09.2008
UPM	Tutor	Faculty of Human Ecology, UPM	19.06.1999	09.03.2004

Persidangan dan Latihan (3 tahun terakhir)

Persidangan:

1. **Shamsul Azahari, Z. B.**, Arcot, J., & Norhasmah, S. (2014). Visual aids (life-sized food photographs of serve/portion sizes of foods) and their effectiveness in recording dietary intakes of low income populations in Malaysia. Paper presented at The 18th National MACFEA Seminar 2014, Putrajaya, Malaysia.
2. **Shamsul Azahari, Z. B.** Halal Food in Malaysia (2014). Paper presented at The Seminar on Islamic Studies, Law, politic and Education, 13-19th October 2014, Ningxia, China.
3. **Shamsul Azahari Z. B.**, & Arcot, J. (2013). Development of A Healthy Food and Nutrition Plan (Malaysia Healthy Food Plan Basket [MHFPB]) for lower-income households in Peninsular Malaysia. Paper presented at The 17th National MACFEA Seminar 2013, Bangi, Malaysia.
4. **Zainal Badari, S. A.**, Arcot, J., & Sulaiman, N. (2012). Influence of socioeconomic background on nutrient intakes and food variety and dietary diversity scores in selected rural areas of Malaysia. Paper presented at The Thirty-sixth Annual Scientific Meeting of The Nutrition Society of Australia, Wollongong, Australia.
5. **Zainal Badari, S. A.**, Arcot, J., Haron, S. A., Paim, L., Sulaiman, N., & Masud, J. (2011). Food variety and dietary diversity scores to understand the food intake pattern among Malaysian households. Paper presented at The 2011 XI Asian Congress of Nutrition, Suntec City, Singapore.
6. **Zainal Badari, S. A.**, Arcot, J., Haron, S. A., Paim, L., Sulaiman, N., & Masud, J. (2011). Use of 3-day 24-hour recall method to estimate dietary intake of Malaysian households based on demographic backgrounds. Paper presented at The 2011 XI Asian Congress of Nutrition, Suntec City, Singapore.

Latihan:

1. Penceramah Program Menangani Kos Sara Hidup di beberapa IPTA dan pusat komuniti di Malaysia anjuran Persatuan Ekonomi Keluarga dan Pengguna Malaysia (April-Jun 2015).

2. Penceramah Program Menangani Kos Sara Hidup di beberapa IPTA dan pusat komuniti di Malaysia anjuran Persatuan Ekonomi Keluarga dan Pengguna Malaysia (April-Jun 2014).
3. Penceramah TOT Siswa@Kampung anjuran Pusat Kokurikulum, UPM.

Penyelidikan dan Penerbitan (3 tahun terakhir)

Projek Penyelidikan:

1. Development of Malaysian Nutritious Food Variety Indicator as A Tool for Dietary Adequacy Assessment of Urban Low-income Households in Malaysia (FRGS: RM74900) (2014-2016).
Principal Investigator
2. Development and Testing of an Outcome-Based i-Learning on Road Safety Education based on a Computer Adaptive Testing (CAT) Platform Assessment (FRGS: RM80000) (2014-2016).
Member
3. Cost of Raising a Child: Policy Implication (PERMATA: RM150,000) (2015-2017)
Member
4. Kajian Lanjutan Berkaitan Kertas Putih Pendidikan Pengguna: (The Emergence of New Consumer) (MACFEA: RM190,000). (Feb. 2014-March. 2015).
Member
5. Kajian Tingkah laku Pembelian dalam Kalangan Pengguna Baru (MACFEA: RM33,600) (April-ogos, 2015).
Member

Penerbitan:

Penerbitan	Kuantiti
Buku	-
Bab dalam Buku	1
Jurnal Indeks ISI	1
Jurnal Indeks Sitasi	1
Jurnal Indeks Bukan-Sitasi	3
Prosiding Sitasi (Scopus)	-
Prosiding Persidangan Antarabangsa	3

Penerbitan terpilih (3 tahun terakhir):

Jurnal

1. **Shamsul Azahari Z. B., & Arcot, J.** (2014). Development of A Healthy Food and Nutrition Plan (Malaysia Healthy Food Plan Basket [MHFPB]) for lower-income households in Peninsular Malaysia. *Malaysian Journal of Consumer and Family Economics*, 17, 95-117.

2. **Shamsul Azahari, Z. B.**, Arcot, J., & Norhasmah, S. (2013). Food consumption patterns of lower-income households in rural areas of Peninsular Malaysia. *Malaysian Journal of Consumer*, 21, 122-141.
3. **Zainal Badari, S. A.**, Arcot, J., Haron, S. A., Paim, L., Sulaiman, N., & Masud, J. (2012). Food variety and dietary diversity scores to understand the food intake pattern among selected Malaysian households. *Ecology of Food and Nutrition*, 51, 265-99. (IF: 0.8).
4. Norhasmah, S., & **Shamsul Azahari, Z. B.** (2011). Pemakanan sihat untuk kesejahteraan pengguna. *Jurnal Pengguna Malaysia* 16, 1-14.
5. Askiah, J., & **Shamsul Azahari, Z. B.** (2011). Corak keputusan berhubung dengan penggunaan teknologi dalam kalangan pengusaha makanan luar Bandar di Selangor. *Jurnal Pengguna Malaysia*, 16, 51-59.

Perundingan

1. Researcher, Malaysia Palm Oil Board (2006-2007)
2. –

Khidmat Masyarakat (3 tahun terakhir)

1. Aktiviti Jaringan Komuniti UPM Satu Kolej Satu Komuniti, Kolej 16 dan FEM (Program Kehidupan Lestari Sek. Men. Keb. Puchong Perdana)

Maklumat lain yang berkaitan

Penyeliaan:

Program	Pengerusi Bergraduat	Pengerusi Semasa	Ahli Bergraduat	Ahli Semasa
PhD				1
Master			1	

Anugerah:

Jenis	Pencapaian
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